

Moving Mantra Yoga Studio
30 Day Yoga Challenge Contract
September 7-October 6, 2010

I, _____, make a commitment to practice Yoga for the next 30 days as part of the 30 Day Yoga Challenge.

I understand in submitting this contract I will receive via email a packet of support information and will be added to an email list and may receive email support during the 30 day challenge.

I will have access to special donation based classes at the studio that are intended only for those making the 30 Day commitment.

At the end of the 30 day Challenge, I will be invited to attend a special celebration at the studio.

Name: _____

Email address: _____

Phone Number: _____

Are you a new student at Moving Mantra? ___Y___N